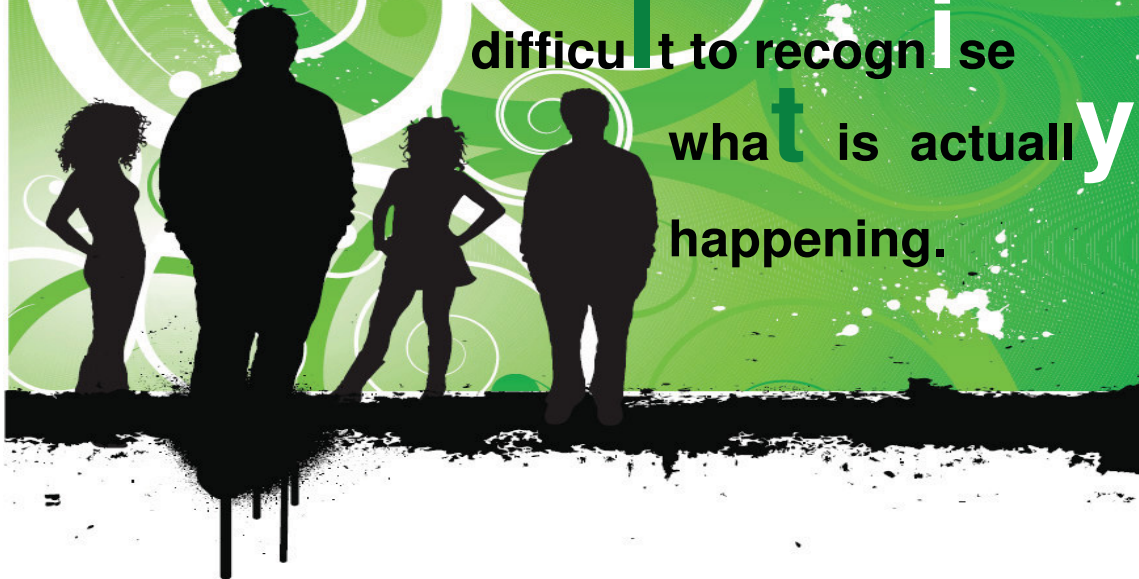


Sometimes reality can
be blurred and it's
difficult to recognise
what is actually
happening.



Are you keeping your reality in check?

If you are affected by Psychosis, you'll often see or hear things that others don't hear and see. You might feel paranoid or believe things that others might think are unusual.

It's not just you....

Psychosis is more common than you might think. In Gloucestershire there are about 100 new people who have their first experience of psychosis every year – It's more common than diabetes.

Get in touch.

If this sounds like it could be you, or someone you know, then it is important to keep your reality in check and get help early.



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